

Random Acts of Kindness Advent calendar



1
Give someone a hug

2
Tell your family that you love them

3
Smile at everyone you see today

4
Do an extra house chore

5
Bake cookies or cakes and give them to your neighbours

6
Help cook dinner



10
Wash the dishes

9
Leave a positive note for someone

8
Donate food to your local food bank

7
Tell your family that you love them



11
Donate something to charity

12
Give someone a hug

13
Offer to play with someone who is alone at school

14
Make a handmade gift for someone

15
Call someone you haven't spoken to in a while



20
Give someone a compliment

19
Pick up any litter and throw it in the bin

18
Make a handmade gift for someone

17
Hold the door open for someone

16
Clean up a mess

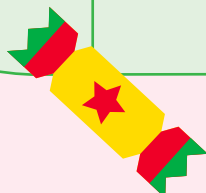


21
Make a Thank you card for your parents and say what you are grateful for

22
Clean up a mess

23
Try not to complain about anything today

24
Ask someone how you can help them today



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				6 Help cook dinner
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