



**Hop on one leg  
for 5 hops.**



**Pat your head and  
rub your tummy at  
the same time.**



**Tell a Joke.**



**Name 3  
green things.**



**Name 5 fruits.**



**Jog on the  
spot as fast  
as you can**



**Do 10  
Star Jumps.**



**Sing your  
favourite song.**



**Pull a silly face**



**Name 4 Objects  
that start with  
the letter S.**



**Pretend to  
be a ballerina.**



**Do a funny  
Dance.**



**Name 4  
easter things.**



**Spin around  
with your  
tongue out.**



**Pretend to  
be a chicken.**



**Stand on  
one leg  
for 5 seconds.**



**Hop on one leg  
for 5 hops.**



**Pat your head and  
rub your tummy at  
the same time.**



**Tell a Joke.**



**Name 3  
green things.**



**Name 5 fruits.**



**Jog on the  
spot as fast  
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